

Thank you for choosing Retina Consultants for your eye care.

Please take time to read and fill out the information in this packet.

To cancel or reschedule your appointment, please call us 24 hours before your appointment. The telephone numbers are listed on the back of this sheet. Please arrive 15 minutes prior to your scheduled appointment time.

Please check with your insurance company about your benefits.

Some insurance plans require a referral to our practice. Please review your insurance benefits prior to your appointment and obtain any necessary referral. **If your plan has a co-payment, we ask that you pay it when you check in.** The amount of the co-pay is usually printed on your insurance card.

PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:

- The attached registration forms that you have completed
- Your medical insurance cards (we do not accept vision insurance)
- A list of all medications you are taking with dosage or bring your medication bottles (including over-the-counter and herbal medicines)
- A list of past surgeries
- A list of any allergies to medication and past medical history
- Your eye glasses
- A pair of sunglasses
- A driver as both of your eyes will be dilated and you may undergo an in-office procedure

If you need physical assistance with transferring and personal cares, we require someone to accompany you to your appointment who can assist you. This person must remain with you throughout the duration of your visit. If you require assistance and do not have someone accompanying you, your appointment will be rescheduled.

If you have a medical power of attorney and are unable to sign your own consent forms, your power of attorney must accompany you to your appointment or be immediately available by phone.

WHAT TO EXPECT DURING YOUR VISIT

You will meet with members of our clinic staff prior to seeing your doctor. After your assessment with our clinic staff your doctor will see you for examination, consultation and treatment options. Since our exam rooms serve varied purposes, you will be moved to different rooms during your visit. **There will be a wait time between each segment of your visit.**

Both of your eyes will be dilated on your initial visit. To dilate your eyes, the physician or technician uses eye drops to make your pupil larger. After the drops are administered, there will be a wait of approximately 30 minutes for dilation to occur before the examination continues. It is our recommendation that you have someone drive you home. You will be more comfortable wearing sunglasses when your eyes are dilated.

Conducting a thorough examination on your initial visit is a lengthy process. As a result, we are unable to determine the exact length of your clinic visit in advance. **Please plan on being in the clinic for 2 to 4 hours.** Because of the length of the visit, we suggest **eating a meal prior to coming to your appointment** (especially diabetics). If special tests are required, we will strive to finish these tests or treatment at your initial visit.

If you have been seen by another physician for retinal care or treatment, especially procedures such as intravitreal injections, please have your medical records from those offices forwarded to our clinic prior to your appointment.

OFFICE INFORMATION

University Medical Center
2829 S University Drive, Suite 204
Fargo, ND 58103

PHONE: 701-293-9829

TOLL FREE: 877-503-0251

FAX: 701-293-0111